

Chicken Games:

Banana

Form a circle with all players sitting on the floor. It is important for the players to sit close together with their knees up and their hands tucked under their legs. The person in the middle has to figure out where the banana is as the people in the circle are passing the "banana"—Rubber Chicken under their legs secretly.

Alternate:

You can also stand in a circle shoulder to shoulder and pass the Banana (chicken) behind them. This way works well if you have a large group.

Chicken Stretch—A great Warm-Up

It's best if you wait until you finish to tell them the name of this activity—it will be a great surprise for them to realize what they are doing.

In a circle, explain that it is important to warm up one's body from head to toe before participating in physical games and activities.

Start with the legs and touch your knees to your chin. Alternate legs and do this 10 times each

Now work the arms by putting your thumbs under your armpits and flap but don't use the word "flap", say stretch your arms up and down 10 times each.

Next you need to warm up you vocal cords. Grab the skin at your throat and waggle it while making a guttural noise. Try other animal noises too.

To finish your warm up, you need to put this all together. *You* start off and encourage them to walking around with their knees up to their chins, flapping their arms and making animal noises that transition into chicken clucks.

You have fooled them into acting like chickens—everyone is laughing and having fun!

Chickie Jive

Get everyone in a large circle and play some music. Toss someone the Rubber Chicken and have them go in the centre of the circle. Have them do a variety of actions—a dance or physical activity, karate moves, use your imagination—for about 8 to 10 beats of the music. Everyone follows the person in the centre of the circle. When their time is up, they toss the Rubber Chicken to another person and they come into the centre and do a actions for the others to follow.

Be creative and try new things. Dance as if no one is watching!

Chicken and Egg Toss

Lots of fun; high energy!

The person who is "It" puts the Chicken on their head. Everyone else is an Egg and they will balance a bean bag, a rolled up sock (clean preferably) or something like that on their head.

The Chicken chases the Eggs trying to catch them. If a player loses their Egg, they freeze and waiting for another Egg to come by and pick up their fallen Egg. If the Chicken picks up the fallen Egg those people switch places and play resumes.

Chicken Basketball

Place your old clean buckets or dollar store laundry baskets at opposite ends of your "court". Make your court suitable for your surroundings and your players.

Split up your team; keep them to 5 people per or under if you have a large group. You cannot dribble and you cannot travel, so you must pass the chick to your teammates to score a point. Pass until you can get your chick to your bucket/basket to score a point.

Make sure you do the chicken dance so everyone knows you have scored a point!

A Classic: Chuck the Chicken

This game is best played with a large group, but can be modified to suit your needs.

Put your group into two teams. Team A forms a straight line and passes the chicken from the front of the line to the back by going over one person's head and through the next person's legs...and so on down the line.

Team B tightens themselves into a small knot while 1 person on Team B runs around the outside of the knot.

Every time they make a full circuit they get a point.

When the chicken gets to the end of Team A's line, the first person yells: "Chuck the Chicken" and they throw it as far away as possible. Team A then gets themselves into a tight knot and one of their players runs around the knot gaining points for Team A

Meanwhile Team B unties themselves and chases after the chicken and passes under the legs and over the head from the front of the line to the back. When the chicken reaches the end of the line, the first person yells "Chuck the Chicken" and the teams switch again.

You can play as many rounds of this as you like, just make sure that each team has the same number of rounds to collect points.

Variation: Have the non-chucking team do different activities to keep it fresh & exciting

Chicken Picks

Players sit in a circle and one player goes into the middle. A topic is chosen and the rubber chicken starts at one person and is passed around the circle. The person in the middle must list as many things as they can about that topic, but they only have however long that the chicken makes it around the circle once. When the chicken gets back to the starting point, the person must stop talking. A designated counter should be in the group to count how many objects they are able to list. The person that is able to list the most objects is the winner. Topic example: Chocolate Bars (i.e.) Hershey, crispy crunch, aero etc. etc. etc.

Musical Chicken

Put some music on and start tossing the chicken to each other. Like Hot Potato the object of this game is not to have the chicken in hand when the music stops.

When the music stops the person with the chicken takes the letter: C. Once someone spells C H I C K E N, the game is over and you can start again.

Maybe use this to practice spelling words.